





During this trip you walk into Breheimen National Park. View to the national parks Jotunheimen, Reinheimen and Rondane opens over the tree line. Bøverdalen valley cuts in between the highest summits of Norway and you get a nice view towards the highest of them all - Galdhøpiggen (2469 m.a.s.l.).

From the roundabout in Lom center, cross the bridge over the Bøvre River. Leaving the The Norwegian Mountain Center on your left side, go up the road and pass Storstabburet (the Big Barn). Go straight forward until you come out to the asphalted Solsidevegen road. 200 meters after the elegant Sygard Andvord farm, the trail turns right. There are signs to Lomseggen, Bordvassvegen and Tor Jonsson's House. After about 300 m, Bordvassvegen trail (red tagging) and route to Lomseggen (yellow tagging) split.

The route passes by Smith-hytta stone hut at 1150 m.a.s.l. and goes into a big bow up to the front point of Lomseggen

From Lomseggen you can go the same way back or follow the route further to

the east. The route goes down the ridge, somewhat steep at the tree line.

- Until the middle of June there can be a lot of snow on the north side of the route. Ask about the conditions at the Tourist Information Office / The Norwegian Mountain Center.
- guided tours on request. More information at the Tourist Office. • Smith-hytta at 1150 m.a.s.l. is a stone
- hut built for a German artist in 1890.

Nr. 5 Via Ferrata Lomseggen

From Nissegården Lodge and Activities you can take a climbing route «Via Ferrata» to Lomseggen. Movie, tickets and safety equipment are required, and can be rented at Nissegården.



moo.neinheimen.com

in Lom! Welcome as a guest now and in Above all we want you to enjoy your time

environment by reducing littering and guides and taking consideration of the wish to preserve the diversity of the one of the most important tasks on the Environmental protection is listed as and guides you need to visit a nationa the municipality's area is glaciers and of Norway in 2008. About 90 % of

Lom is a place where you can get

Welcome to Lom

Nr. 4 **Tronoberget**

This is a hike close to Reinheimen National Park with a stunning view towards Lom center and over to Lomseggen with its summits Eggjapiken (1524 m.a.s.l.) and Storivilen (2064 m.a.s.l.). From the top of Tronoberget you can see parts of Finndalen Valley Landscape Conservation Area and Reinheimen National Park.

of Lom, you cross the bridge over the Bøvre River at the waterfall. Turn right and down to the river and go over the Log Bridge (Utleggsbru which is a part of the Bergomsrunda walk). Go along Bøvre to Tronooden Bridge. The path goes up at the end of the bridge on the north side of the river. The route meanders in the terrain in a sparse spruce forest through small crags, sometimes a little steep. The tour to the top (Tronoberget) is a small detour (150 m) from the marked path. You can extend the hike from Tronoberget to Geitupphøe, approximately 1 hour. The route from Grjotheim is not as steep as the one you take from Tronooden. The

4a From the roundabout in the center

road back to Tronooden has little traffic and is easy to walk on.

4b Tronooden to Staurustberget, follow route 4a to Tronooden. The route goes along the river northwest of the bridge end. Easy walk well sheltered from the northern wind.

Tour information:

- Do you want to take a shorter route? There is a parking place at the starting point for the routes on Tronooden on the north side of the Otta River.
- The route is located on the southern slopes in a dry terrain and is navigable from early spring.



slopes and is a nice walk even if the weather is not at its best. The cultural path has an information board behind the Norwegian Mountain Museum. The route to Bordvassvegen follow the route description for the route to Lomseggen (yellow tagging)

until Lomseggen and Bordvassvegen trails split. Then you can follow the red tagging in order to go along Bordvassvegen. You can follow the

Andvord farm and there can be cattle If you want to avoid grazing animals follow the yellow tagging above the farm until you see the first forest road. Go down the road to the left and you will see the Bordvassvegen again only a few meters down the hill.

10 min one can reach a place where the

trail splits. Gentle slope down to the

After a while you will reach a forest

going down the forest road. Cross the

to the old farm Skjæsar. Follow that

of the route. Estimated time: 5 hours.

Læsa brook and take left until you come

waterway to the bifurcation at the start

1c Lom – Skutlan – Myrskardet – Lom.

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National Park Village Map & information





Welcome to Lom National Park Village!





Breheimen. Jotunheimen, Reinheimen and gateway to the national parks in Norway. It is a natural five national park villages Fossbergom, is one of The centre of Lom,

– where nature meets culture

many great tour options.

accomplished architecture and

can offer our guests a pleasant

with villagers and tourists. We

In summer Fossbergom swarms

restaurants, cafes, shops, an

atmosphere with open air

Park Village **lenoiteM**

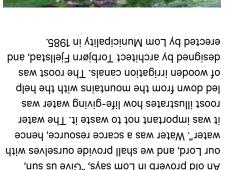


14 Fossheim Stone Centre

you can get help in choosing a gem. a gallery, jewelery shop and workshop, where and minerals in Norway. The Centre includes private exhibition of Norwegian gemstones The Geological Museum has the biggest



erected by Lom Municipality in 1985.





Prize for Literature post mortem. suicide in 1951, and got the Norwegian Critics who grew up in Lom. Tor Jonsson committed Norwegian poet Tor Jonsson (1916 – 1951), The rock is a memorial to the famous Tor Jonsson memorial

ask staff at Aktiv I Lom.

activity devices. If you want to use the tower,

can find a climbing tower, and several free

Lom is a place for active people. Here you

15 Lomseggen Activity Park



than 100 years of history, run by the same Centre are all family businesses with more Hotel, Fossberg Hotel, and Nordal Tourist farms, rivers, lakes, and mountains. Fossheim the food is cooked of ingredients from local Restaurants", Fossheim has a cuisine where Member of "The Historic Hotels and Ilə Fossheim Hotell



The Time Axis follows Bergomsrunda walk

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Visitor Centre National Park

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Norway was put into operation in the early

and one of the first water power plants in

a sawmill and a mill on Prestfossen Waterfall;

varies throughout the year from 1 m3 to 300

points of Jotunheimen. The volume of water

The Bavre River flows from the highest

8 Ulstadbrua Bridge

m3/ sec during the biggest floods. There was

you an insight into Earth's 4600 million years

(marked with a white stipple line), and gives

Peak, Bordvassvegen and Læshø Peak.

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Andvordsbrua Bridge

a good starting point for hikes to Lomseggen

the trail on both sides of the Bøvre River. It is

the Bergomsrunda walk. The bridge connects

officially opened in June 2016 and is a part of

High School. It opened in 1993.

16 Utleggsbrua log bridge

company and carpentry students from Lom built in cooperation between "Stokk & Stein"

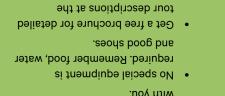
of - logs laid across a river. The bridge was

of the oldest bridge constructions we know

from 18th century. It is a modernised version

The bridge is constructed as a log bridge

moɔ.nəmiədnutojtisiv.www TISI Mountain Center. Tourist Information/Norwegian



Sentral'n, Amore, Fossberg, Fossheim, Nordal, places offering food services are BrimiBue, the most famous bakeries in Norway. Other and baker Morten Schakenda, and is one of





Esso, Best and Smak i Lom.

recommend you to take a map or yellow tags. Nevertheless, we All routes are marked with red Practical information:



Presthaugen. 1613 – 1900. A marked path goes around protected buildings from the period of in Lom. It is an open air museum with 22



and adults, local handicraft, and souvenirs. maps, mountain-related books for children and Breheimen. In the shop, you will find visitor centre for Jotunheimen, Reinheimen, centre of Lom, this is also a national park Norwegian Mountain Center! Located in the on how to best explore the area at the Presthaugen, which is also a meeting place noitemnofini bnif bne anoitididxə yoln∃ Lom Rural Museum is situated in 6 The Norwegian Mountain Center

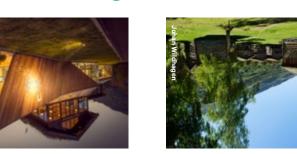


May - September (outside the season should

It is still the main church in Lom. Guiding in kind in Norway and dates back to 1158-59.

Lom Stave Church is one of the largest of its

Lom Stave Church





information.

Ulstad bridge. Contact Aktiv i Lom for more

in the middle of Fossbergom, right under the

The zipline runs over the mighty Prestfossen

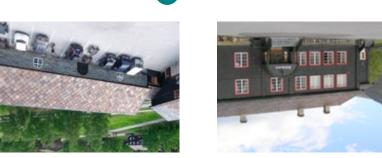
for not only young people, but older as well.

in 2009, and has become a popular activity

Prestfosstraversen (zipline) was established

Presfosstraversen

exhibition hall in summer. a gym for elementary school and as an produce in Loar ("Loarutsalget"). vicarage. Steinfjoset is currently used as Church Centre and a souvenir shop with local and is the only original building left of the Today you can find Lom Library, Stave Steinfjoset (a cowshed) is one of its kind, The old vicarage in Lom was situated here. secifiniese E





culture in the villages of Ottadalen valley. can find an exhibition about the old irrigation biggest store house in Norway. Inside, you Storstabburet is built in 1613, and is the 4 Storstabburet

